



ABASA WITS
REPORT & PLAN

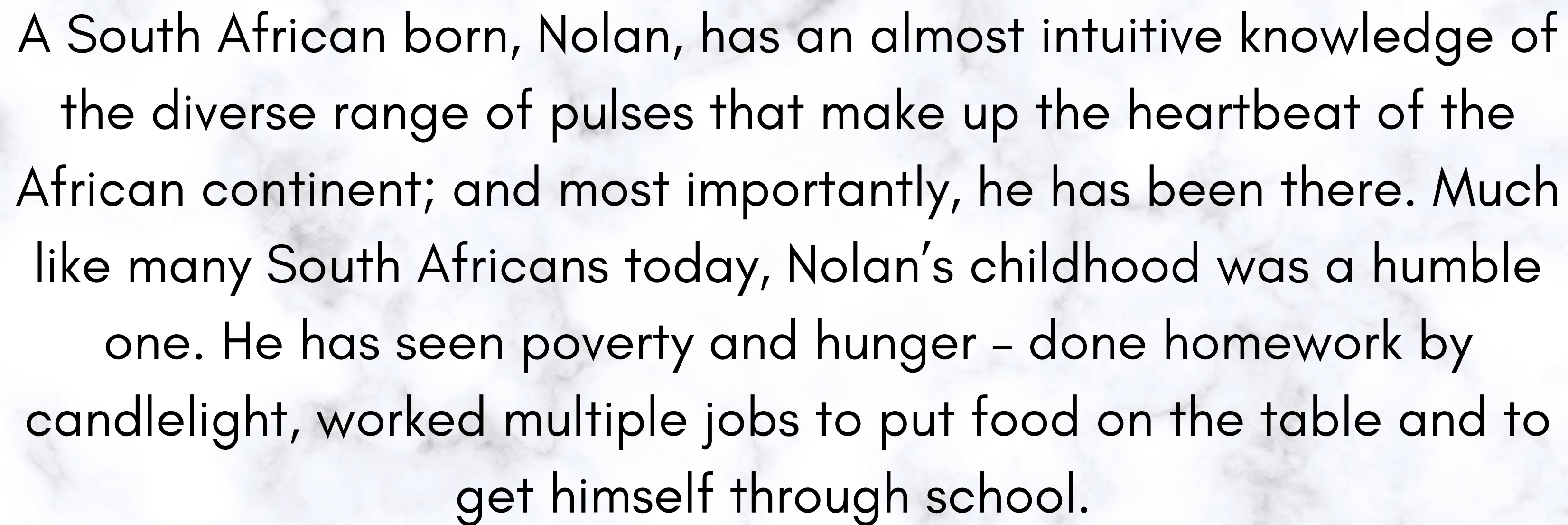
BE THE BEST VERSION OF YOURSELF
WITH NOLAN

Meet Nolan Pillay

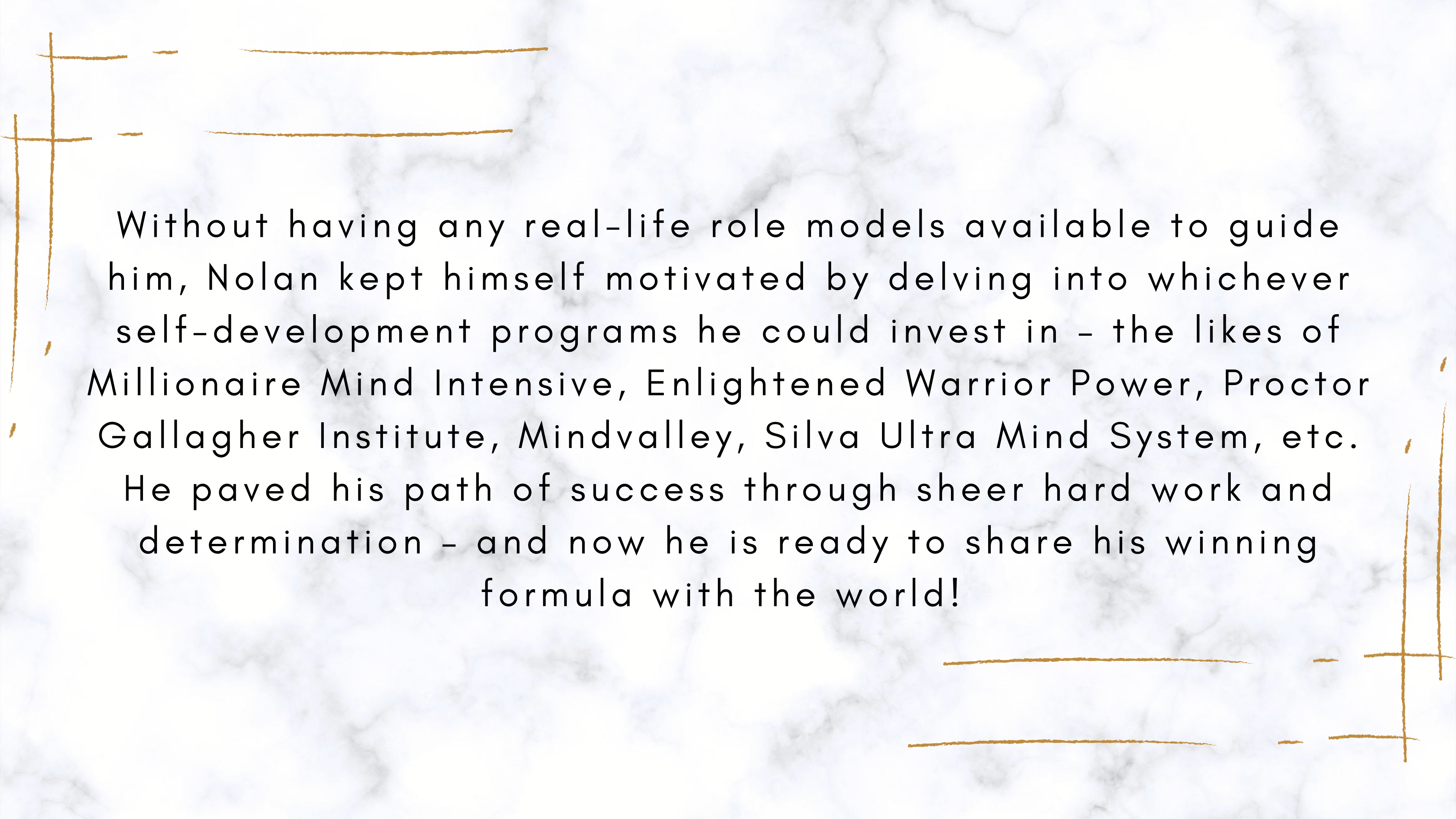


Nolan Pillay is a brilliant and dynamic founder of South Africa's first ever trademarked self-development programme: Be the BEST Version of YOURSELF™ running under the company StraightTalkWithNolan.

Rivalling the likes of similar international programs that have flooded the country, Nolan's life-altering system has more than just one homegrown advantage to offer.



A South African born, Nolan, has an almost intuitive knowledge of the diverse range of pulses that make up the heartbeat of the African continent; and most importantly, he has been there. Much like many South Africans today, Nolan's childhood was a humble one. He has seen poverty and hunger – done homework by candlelight, worked multiple jobs to put food on the table and to get himself through school.



Without having any real-life role models available to guide him, Nolan kept himself motivated by delving into whichever self-development programs he could invest in – the likes of Millionaire Mind Intensive, Enlightened Warrior Power, Proctor Gallagher Institute, Mindvalley, Silva Ultra Mind System, etc. He paved his path of success through sheer hard work and determination – and now he is ready to share his winning formula with the world!



ABASA Wits and Nolan

ABASA Wits made contact with Nolan on LinkedIn, after one of our very key stakeholders, Hiten Keshave CA(SA), recommended us to him. Upon further engagements via Zoom, a resolution was reached that Nolan would train/help three of the ABASA WITS executive members to realise their full potential through the 8 day coaching programme.

The three executive members are: Thando Jiyane, Precious Letiane and Candy Sikhau.

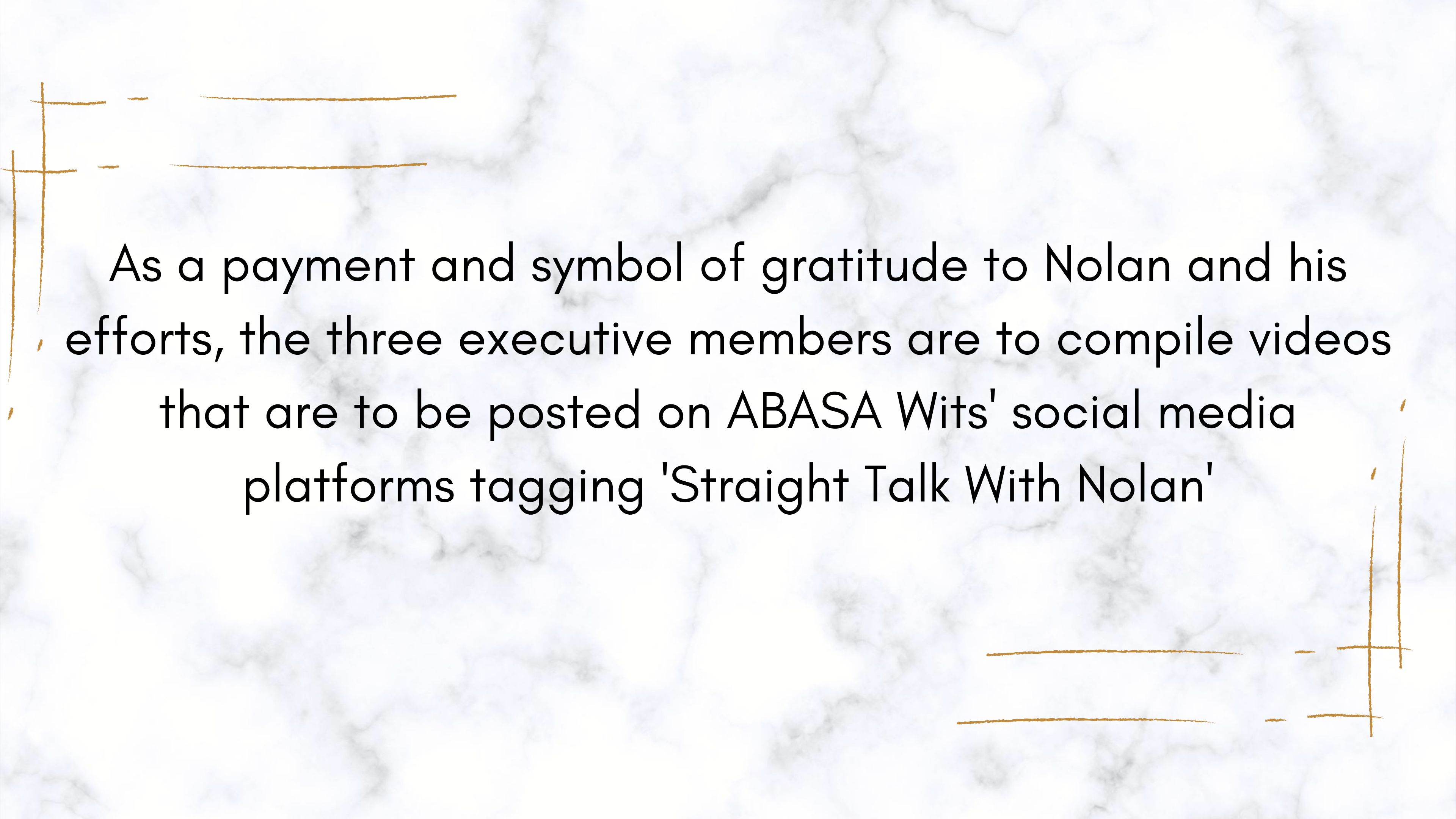
These two organisations both believe in giving back, youth empowerment and Compassionate leadership so it made strategic sense to partner up. Furthermore, they organizations believe in authentic leadership as they both "...In turn create more leaders"

**How the team is to benefit from the
programme**

Precious Letiane, Thando Jiyane and Candy Sikhau have divided members of the executive amongst themselves with the goal of passing down what they have learned to the entire team for the benefit and growth of ABASA Wits.

Communication will be made by the above mentioned individuals with the executive members as to when these lessons are to begin, once we get Nolan Pillay's go ahead

**Marketing strategy for
'Be the best version of
yourself'**



As a payment and symbol of gratitude to Nolan and his efforts, the three executive members are to compile videos that are to be posted on ABASA Wits' social media platforms tagging 'Straight Talk With Nolan'



Testimonials

From the horse's mouth



Precious Letiane

My 8 key takeaways

Gratitude & compassion

Always be thankful for everything you have and every situation you encounter in life. Everything that happens happens to teach you something. If you are not compassionate towards yourself you cannot be compassionate towards anyone. How you treat yourself is how you will treat others.

Setting and achieving goals.

It is easier to draft your vision and see the path clearer if you know the direction you are heading. When you feel like you can no longer go on, you are able to push yourself because you know what is waiting for you on the other side.

Visualization

If you have faith and believe in whatever you want to achieve, you will achieve it. If you don't have faith in yourself, no one will.

Humanity

Learn as much as you can and understand other people, their race, religion, beliefs, etc because it is easier to label something weird, and judge because you don't have an understanding of what it is about. You are able to put yourself in their shoes if you understand them. In a world where you can be anything, why not be kind?

Precious Letiane



My 8 key takeaways... continued

Self- worth

You will have yourself for as long as you live. Everything in life might come and go, even life itself is not permanent but you, you will have you for as long as you are in existence so you have to be your number one fan. Love yourself unconditionally.

What you think you become so be the person you think you are and be that person boldly. Affirm yourself and take care of yourself. You matter.

Memory tips.

It is easier to remember things if you associate them with something.

Power of your thoughts.

There is no greater power than the one from within. For you to live a positive life you have to think positively even on bad days, think positive thoughts. What you think you become.

Authentic leadership

Know yourself. You cannot lead anyone if you cannot lead yourself. You cannot be true to yourself if you do not know yourself. It all starts with you. Stand for what you believe in lest you fall for everything. Be bold and intentional in everything that you do.

Precious Letiane





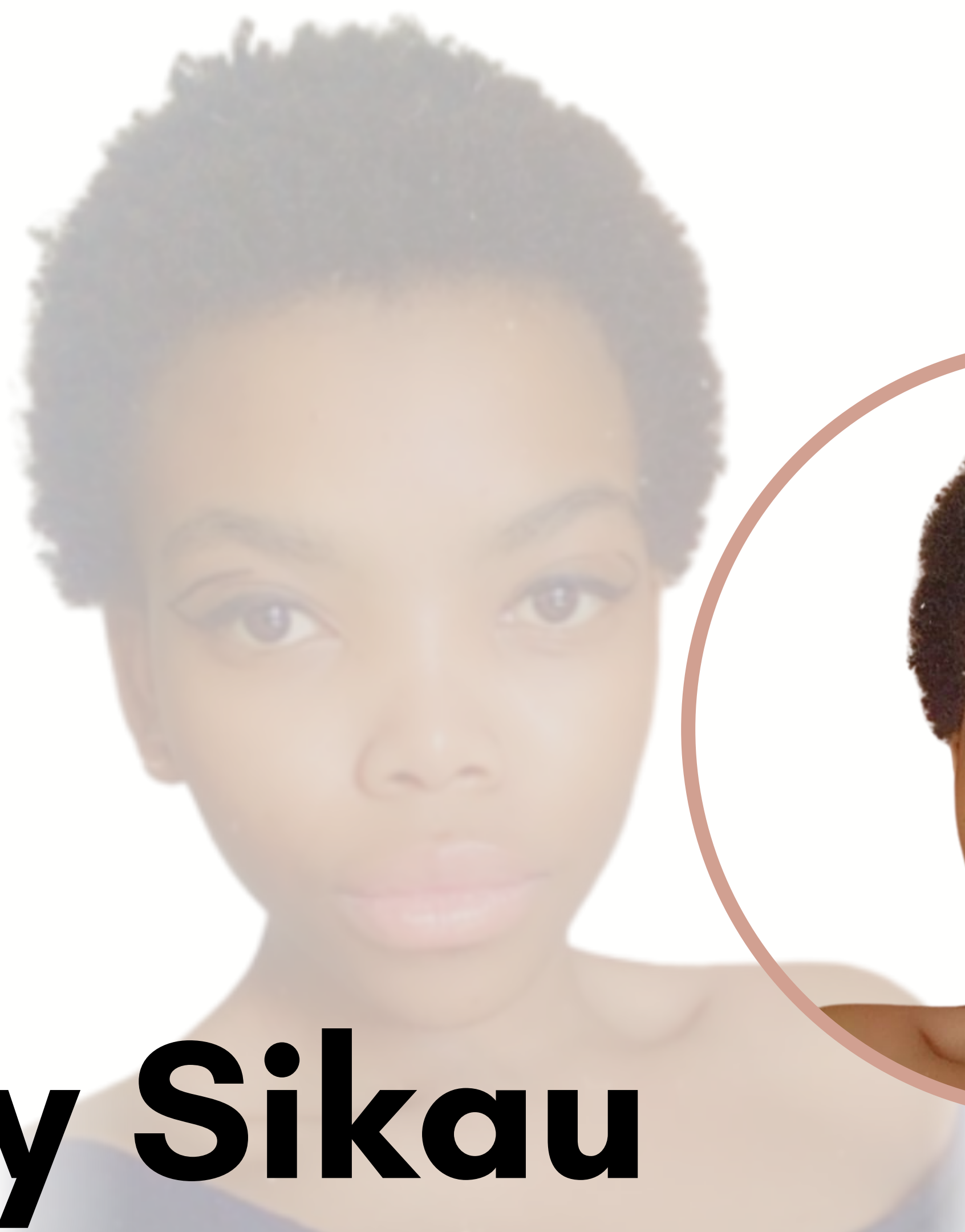
Thando Jiyane

What I learnt from each lesson

- 1.It is easy to forget how blessed you are when you dwell on the negatives.(Gratitude)
Compassion is free. Why not spread it? First be compassionate to yourself and transfer the energy to others.
- 2.Goals are an essential part of the person that you want to become. Keep them close to you. (Setting and Achieving Goals)
- 3.There is power in tapping into the future before you get there. (Visualisation)
- 4.Approach difference from a place of understanding. (Humanity)
- 5.I am nothing short of what I believe I am. (Self-worth)
- 6.Find a trick to it, its not as hard as I thought it was. (Memory Tips)
- 7.You have power to control what enters your mind. (Power of your thoughts)
- 8.Be yourself when leading other people. (Authentic Leadership)



Thando Jiyane



Candy Sikau

BECOMING THE BEST VERSION OF CANDY



Showing, embracing and feeling gratitude has made me more aware of what I have and what I don't and be happy with it.



I'm learning how to reach out to love ones in a loving and understanding manner each day.



I'm learning how to reach out to love ones in a loving and understanding manner each day.



Candy Sikau

YES, THERE IS MORE...



I'm working towards these goals of mine with intention and confidence .



It's not always peachy but at least now I know how to get out of those dark places within me and I'm as nice to myself as I'm my own critic.



I'm learning how to reach out to love ones in a loving and understanding manner each day.

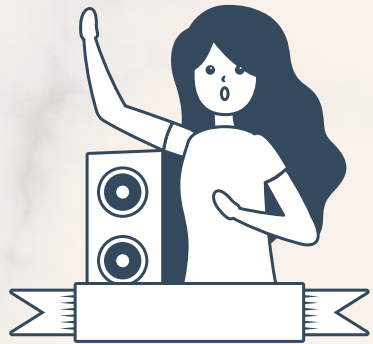


Candy Sikau

THANK YOU NOLAN



I'm loving myself more loudly and spreading the love too.



My voice matters.



Candy has purpose and isn't afraid of it anymore, I'm amazing and I see that the universe is adjusting.



Candy Sikau

"You have control over your state of mind..."

Team Greater Me



Precious Letiane



Thando Jiyane



Candy Sikau

The background is a light-colored marble with grey veining. Two vertical gold bars are positioned on the left and right sides of the text.

ABASA WITS

PROPOSAL

We are in full support of getting the programme's lessons to an even wider audience, however, we noted that in light of the ongoing pandemic and some of the economic and financial ways in which many individuals have been affected, it is likely to be very challenging to find participants who can afford the entire fee of R2495

However, in spite of that, from the testimonials given by our 3 members of Exec who participated in the sessions, we strongly believe that the programme would be of invaluable benefit for our members and even students beyond ABASA Wits



Therefore, in celebration of Women's month, we thought it would be a great initiative to reach out to corporate South Africa and civil society requesting them to make donations towards giving the opportunity of a lifetime to several young women.

This would be a great opportunity to uplift our young women by contributing towards their personal development, equipping them with tools for success and encouraging them to be the best versions of themselves.

Our own ABASA Wits chairperson, has already pledged to donate towards the initiative.

To Mr Pillay, we would like to propose either one of the following to options

First option

- For 2 members of the Exec committees of the 5 Joburg student chapters, a total of 10, they could be taught by Mr Pillay for a 20% discount
- Thereafter, they will go on to teach the rest of their Exec and interested members for free

Second option

- For ABASA Wits members, they could be taught by Mr Pillay at a 30% discount
- The number of members in this regard would be unlimited, and only conditional on the amount of money that can be raised for the initiative
- This could even be extended to the rest of ABASA Joburg, Women of ABASA, and beyond